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PERIOP 360°
**Anaesthesia, Perioperative Medicine,
Pain Medicine & Critical Care Medicine**

Saturday, 3rd October 2026

The New Bingley Hall, Birmingham B18 5PP

Approved for 6 RCoA CPD points



Time	Session & topic	Speaker & affiliation
07:30-08:15	Meditation, Wellbeing and Lifestyle Medicine	Dr Rajesh Vaddhiredy Consultant Anaesthetist, Mid Yorkshire Hospitals
08:00-08:30	Registration	
Session 1	Workforce, Safety and Perioperative Medicine	
08:30-08:35	Welcome and opening remarks Why must perioperative care evolve?	Dr Peeyush Kumar, President BAOIA Consultant Anaesthetist, University Hospital Coventry
08:35-09:00	State of the Art Keynote 1 Burnout, workforce redesign and the Future Anaesthetist	Dr Sarah Thornton, Vice President The Royal College of Anaesthetists, London
09:00-09:20	Before the arrest: Human factors and missed warnings in perioperative cardiac arrest and death (NAP 7)	Dr Umair Ansari, Consultant Anaesthetist University Hospital Coventry and Warwickshire
09:20-09:40	Anticoagulation and Coagulation - what's new?	Dr Will Lester, Consultant Haematologist University Hospital Birmingham
09:40-10:00	The Hunger Games: SGLT2 inhibitors, fasting and the risks we don't see	Dr Sofia Salahuddin, Consultant Diabetologist University Hospital Birmingham
10:00-10:10	Q&A	
10:10-10:30	Refreshments / Resident Poster Presentations / Networking & Industry Exhibition	
Session 2	Regional Anaesthesia, Pain Medicine and Airway	
10:30-11:00	State of the Art Keynote 2 Regional anaesthesia beyond the obvious: Blocks that actually change outcomes, enhance recovery and early mobilisation	Dr Arul James, Consultant Anaesthetist George Eliot Hospital, Nuneaton
11:00-11:20	Neuraxial anaesthesia in high-risk Obstetrics When to proceed, when to stop, and when there is no time	Dr Emma Plunkett, Consultant Anaesthetist Birmingham Women's Hospital
11:20-11:40	Beyond opioids: The future of pain management - Evidence, expectations, and unintended consequences	Dr Sandeep Kapur, Consultant in Anaesthesia & Pain Medicine, University Hospital Birmingham
11:40-12:00	The sick child, the difficult airway, and no second chances	Dr Raksa Tupprasoot, Consultant Anaesthetist Evelina Children's Hospital, London
12:00-12:10	Q&A	
12:10-12:50	Lunch / Resident Poster Presentations / Networking & Industry Exhibition	
Session 3	Resident Research and Perioperative Critical Care	
12:50-13:55	Resident Free Papers	
13:55-14:25	State of the Art Keynote 3 Catching deterioration before it's too late: Perioperative rescue, early warning, escalation and Martha's rule	Prof Tonny Veenith, Consultant in Anaesthesia & ITU Royal Wolverhampton Hospital
14:25-14:45	Enhanced Post-Operative Care (EPOC) vs ICU: Smarter triage decisions	Dr Jignesh Patel, Consultant Anaesthetist University Hospital Birmingham
14:45-15:05	Surviving Sepsis 2026: Beyond the bundle - New guidelines, Real decisions	Prof Manu Shankar-Hari, King's College London & Hon Consultant Physician, Guy's and St Thomas'
15:05-15:15	Q&A	Hospital
15:15-15:35	Refreshments / Networking & Industry Exhibition	
Session 4	AI, Innovation and the Future Workforce	
15:35-16:05	State of the Art Keynote 4 From Ether to Algorithm-Based Anaesthesia: The Journey Forward	Prof Chirojit Mukherjee, Medical Director & Chair of Anaesthesia and Intensive Care Helios Heart Hospital Karlsruhe, Germany
16:05-16:25	Point of Care Ultrasound (POCUS): The new stethoscope	Dr Segan Olusanya, Consultant Intensivist St Bartholomew's Hospital, London
16:25-16:30	Q&A	
16:30-17:00	Conference Debate "This house believes artificial intelligence will improve patient safety more than human expertise"	Prof Chirojit Mukherjee, Chair of Anaesthesia & Intensive Care, Helios Heart Hospital, Germany Prof Justiaan Swanevelder, Consultant Anaesthetist University Hospital Leicester
17:00-17:05	Closing Remarks and Awards	
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